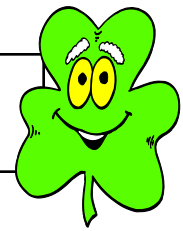


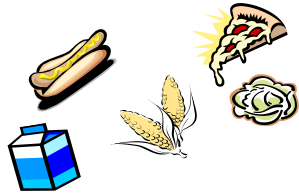
SCHOOL LUNCH MENU

Thanks for your Participation!!



Mount Saint Mary

MARCH
2018





Choose your side and make it a meal!

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

Side choices depend on Entrées for that day.


FOUR SEASONS
food service management

Mon	Tue	Wed	Thu	Fri
<p><u>Vegetarian option available daily and made to order.</u> Cheese quesadillas Veggie burger Grilled cheese</p>			1 Winter Vacation	2 Winter Vacation
5 Chicken Marsala Baked Ziti Two Taco's Turkey Panini Popcorn chicken	6 Roasted chicken w/lemon sauce Hamburger/ Cheeseburger Cuban Panini Chicken Parm	7 Half Day Light Lunch	8 Buffalo wings Beef empanada 2pc Chicken Nuggets BLT wrap Chicken Francese	9 Pasta w/Vodka sauce Pizza Mozzarella sticks Cheese Calzone 3pc Eggplant parm Potatoes & eggs sub
12 Roasted Turkey Dinner Beef w/ broccoli Pasta Chicken Tenders Chicken Bacon Ranch	13 <u>Early St. Patrick's Day</u> Hot Corned beef Dinner Chicken tenders Stuffed Shells Meatball parm panini Turkey BLT wrap	14 Steak Gyro Popcorn Chicken Pulled Pork Sandwich Bow Tie Pasta w/ chicken Pizza nuggets	15 Bacon cheeseburger Chicken parm wrap BBQ Chicken Turkey Panini Mac & Cheese wedges	16 Personal Pizza Mozzarella sticks Grilled cheese Vegetable Dumplings Tilapia Piccata
19 Popcorn chicken Chicken marsala Two Taco's Lo-Mein Sausage & Mozzarella	20 Pulled pork panini Chicken tenders Philly cheese steak Chicken Gyro Pizza Nuggets	21 Roasted chicken w/lemon sauce Hamburger/Cheeseburger Cuban Panini Chicken Parm	22 Chicken Caesar Pita Turkey melt Chicken Parm Stuffed Shells Beef Empanada 2 pc	23 Macaroni & cheese Pizza/ cheese calzone Mozzarella sticks Eggplant hero w/r/p Cheese quesadilla
26 B.L.T. wrap Chicken pot pie Chicken fritters Ham & swiss panini French Toast /bacon	27 Steak & Cheese quesadilla Cheese Ravioli Pizza bites Chicken Nuggets Broccoli Quiche	28 Spicy chicken Wrap Sausage & Peppers Chicken Tenders Lo-Mein Mozzarella Sticks	29 Easter Vacation	30 Easter Vacation

