



SCHOOL LUNCH MENU

Mount Saint Mary

October
2018

*Choose your side
and make it a meal!*

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day
Fruit Cup
Sm soup

Fresh fruit of the day
(Apple, Orange, Pear)

*Side choices depend on
Entrées for that day.*

*Thank you for
your
participation!*

Monday	Tuesday	Wednesday	Thursday	Friday
1 Bowtie pasta w/chicken Fried Chicken Dinner Grilled Cheese Mac & Cheese wedges	2 Turkey- panini Hamburger/Cheeseburger Popcorn Chicken Stuffed Shells	3 Chicken Tenders Vegetable lo-mein Pizza Bits	4 Pasta w/ broccoli Chicken Quesadilla Mac & Cheese wedges	5 Chicken Nuggets Mozzarella Sticks Pasta w/ vodka sauce Buffalo Wings
8 Columbus Day School Closed	9 Popcorn chicken Tortellini Alfredo Chicken-Panini Philly Cheese Steak	10 P S A T Testing Half Day	11 Chicken Tenders Bacon Cheese Burger Macaroni & cheese Spicy Turkey Melt	12 Faculty Only
15 Chicken Parm Lo-Mein Turkey BLT Wrap Roasted Chicken Dinner	16 Chicken Francese Cheese Ravioli Chicken & Waffles Pizza Nuggets	17 Roasted Turkey Dinner Spicy Turkey Melt Mac & Cheese grilled Cheese Stuffed Shells	18 <i>OKTOBERFEST</i> Bratwurst, Pretzel, Drink Chicken Tenders Bacon Cheese Burger Pasta	19 Personal Pizza Mozzarella Sticks Chicken Nuggets Penne vodka Grilled Cheese
22 Chicken Tenders Bacon Cheese Burger Two Taco's Turkey Panini	23 Popcorn chicken Pizza nuggets French Toast w/ Bacon Pasta	24 Chicken Parm Mongolian Beef Stir-Fry Vegetable Lo-Mein Pizza Nuggets	25 Chicken Bacon Ranch Chicken Marsala Pasta w/ garlic & Oil Mac & Cheese wedges	26 Personal Pizza Chicken Nuggets Mozzarella Sticks Creamy Tuscan Chick- en
29 Buffalo Chicken wrap Chicken Francese Pulled Pork Panini Pasta Primavera	30 Meatball Panini Chicken Tenders Beef Burrito Grilled Hot Dog	31 French Toast w/ bacon Lasagna w/garlic bread Chicken quesadilla Mac & cheese wedges		