

# SCHOOL LUNCH MENU

**HAPPY NEW YEAR**

## Mount Saint Mary Academy

**JANUARY  
2019**



*Choose your side and  
make it a meal!*

Vegetable of the day  
Roasted potatoes  
French fries  
Mixed salad  
Mashed potatoes  
Onion rings  
Rice of the day  
Beans of the day

Fresh fruit of the day  
(Apple, Orange, Pear)

*Side choices depend on  
Entrées for that day.*

**FOUR SEASONS**  
food service management

Mon	Tue	Wed	Thu	Fri
	1 New Years Day	2 Chicken tenders Vegetable lo-mein Pulled pork panini Turkey BLT wrap	3 Hamburger/Cheeseburger Chicken Pot Pie Pasta with meatballs Buffalo wings	4 Personal Pizza Chicken Nuggets Pasta w/ Vodka Sauce Mozzarella Sticks Spinach quiche
7 Half Day Lite Lunch	8 Half Day Lite Lunch	9 Half Day Lite Lunch	10 Half Day Lite Lunch	11 Faculty Only Cafeteria Closed
14 Pulled pork panini Rice Ball with sauce Popcorn chicken Cheese ravioli Pizza nuggets	15 Roasted Chicken Meatball panini Philly Cheese steak Lo-mein Bacon cheeseburger	16 Chicken stir-fry Turkey panini Baked Ziti Chicken quesadilla Mac & cheese wedges	17 French Toast w/bacon Taco Bowl Sausage & pepper hero Chicken Tenders	18 Pasta w/ vodka sauce Chicken nuggets Eggplant sandwich Mozzarella sticks Pizza
21 M.L.K. Jr. Holiday	22 Popcorn chicken Stuffed Shells BLT wrap Grilled Cheese w/ bacon	23 Beef with Broccoli Chicken & Waffles Panini –grilled chicken Macaroni & cheese	24 Half Day Lite Lunch	25 Personal Pizza Chicken bacon ranch sandwich Penne w/ vodka sauce Mozzarella sticks Chicken nuggets
28 Chicken tenders Pasta w/ butter Chicken Gyro Grilled Hot Dog Panini– meatball	29 Pasta alfredo Chicken cutlet Platter Pizza French toast w/ bacon	30 Hamburger/cheese burger Chicken parm Lo-Mein Chicken Wings Mac & cheese wedges	31 Popcorn Chicken Turkey melt BLT wrap Macaroni & Cheese	

