



# SCHOOL LUNCH MENU

## Mount Saint Mary

November  
2017


Choose your side  
and make it a meal!

Vegetable of the day  
Roasted potatoes  
French fries  
Mixed salad  
Mashed potatoes  
Onion rings  
Rice of the day  
Beans of the day

Fresh fruit of the day  
(Apple, Orange, Pear)

*Side choices depend on  
Entrées for that day.*

*Thank you for  
your  
participation!*

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Quesadilla Two Taco's Party Hero Eggplant Pasta Rosa Vegetable Frittata	2 Popcorn chicken Philly Cheese steak Chicken & Vegetable Lo-Mein Mac & cheese wedges	3 Penne w/vodka sauce Chicken Nuggets Mozzarella Sticks French Bread Pizza
6 Chicken Parm Cuban Sandwich Tortellini w/peas Sloppy Joe Mini Taco's	7 Chicken Pot Pie Chicken tenders Spaghetti w/ Meatballs Pizza Nuggets	8 <b>Early Dismissal</b> French Toast Egg Sandwiches Fruit & Parfaits	9 Hamburger/Cheeseburger Turkey BLT Wrap BBQ Chicken Rigatoni Pomodoro Mac & Cheese Wedges	10 Eggplant Sandwich Penne w/vodka sauce Personal Pizza Mozzarella Sticks Chicken Nuggets
13 Pepper Steak over rice Meatball Hero Panini - Turkey Bacon Apple & Mayo Chicken Tenders	14 Beef Stew Popcorn Chicken Stuffed Shells Potato Knish Buffalo wings	15 <b>Early Thanksgiving</b> Turkey Dinner with all the fixing Hamburger/Cheeseburger Chicken Quesadilla Pasta Primavera	16 <b>Early Dismissal</b> Cheese Omelets Egg Sandwiches Fruit & parfaits	17 Personal Pizza Mozzarella Sticks Penne w/ vodka sauce Grilled Cheese Chicken Nuggets
20 Spaghetti w/Meatballs Chicken Parm Cuban Sandwich Sausage & Pepper wrap Pizza Nuggets	21 Shrimp Scampi Hamburger Panini Pizza Sticks Popcorn Chicken Spinach & Bacon Quiche	22 School Closed	23 Thanksgiving School Closed	24 School Closed
27 Bowtie pasta w/chicken Meatball panini Two Taco's Chicken Tenders Grilled Hot Dog	28 Roasted Chicken Grilled Cheese Bacon Cheeseburger Popcorn Chicken Stuffed Shells	29 <b>Early Dismissal</b> Pancakes Egg Sandwiches Fresh Fruit / Parfaits	30 Bowtie Pasta w/Chicken Fried Chicken Dinner Beef & Bean Burrito's Pulled pork sandwich Spicy turkey melt	