

SCHOOL LUNCH MENU

HAPPY NEW YEAR

Mount Saint Mary Academy

**JANUARY
2018**



*Choose your side and
make it a meal!*

Vegetable of the day
Roasted potatoes
French fries
Mixed salad
Mashed potatoes
Onion rings
Rice of the day
Beans of the day

Fresh fruit of the day
(Apple, Orange, Pear)

*Side choices depend on
Entrées for that day.*

FOUR SEASONS
food service management

Mon	Tue	Wed	Thu	Fri
1	2 Popcorn Chicken Turkey melt BLT wrap Macaroni & Cheese	3 Chicken tenders Vegetable lo-mein Pulled pork panini Turkey BLT wrap	4 Hamburger/Cheeseburger Chicken parm Pizza Nuggets Pasta with meatballs Buffalo wings	5 Personal Pizza Chicken Nuggets Pasta w/ Vodka Sauce Mozzarella Sticks Spinach quiche
8 Half Day Lite Lunch	9 Half Day Lite Lunch	10 Half Day Lite Lunch	11 Half Day Lite Lunch	12 Faculty Only Cafeteria Closed
16 Holiday Martin Luther King Jr. Day	17 Holiday School Closed	18 Chicken stir-fry Turkey panini Baked Ziti Chicken quesadilla Mac & cheese wedges	19 French Toast Sticks w/ bacon Taco Bowl Sausage & pepper hero Chicken Tenders	20 Pasta w/ vodka sauce Chicken nuggets Eggplant sandwich Mozzarella sticks Pizza
22 Roasted Chicken Meatball panini Philly Cheese steak Lo-mein Bacon cheese burger	23 Pulled pork panini Rice Ball with sauce Popcorn chicken Cheese ravioli Pizza nuggets	24 Beef with Broccoli Chicken parm Panini –grilled chicken Macaroni & cheese Grilled Cheese	25 Half Day Lite Lunch	26 Personal Pizza Chicken bacon ranch sandwich Penne w/ vodka sauce Mozzarella sticks Chicken nuggets
29 Chicken tenders Cheese manicotti Chicken Gyro Grilled Hot Dog Panini– meatball	30 Pasta alfredo Chicken cutlet Pizza Chicken quesadillas French toast w/ bacon	31 Hamburger/cheese burger Stuffed shells Chicken parm Two Taco's Chicken Caesar wrap		

