

Mount Athletic Team Policies

Student Name: _____

1. No athlete will be able to try-out for a team without a **completed physical form, a health update form** (when indicated), an **emergency consent form, a steroid testing consent form, a uniform bond form** and a **Mount athletic team policies form**.
2. Academic Policy - Team members must be eligible for competition according to N.J.S.I.A.A. standards. In addition, any student that has a failing grade on her report card or progress report will be put on probation until a note from her teachers (stating that her work has improved) is given to the athletic department.
3. If a student quits a team or is put off a team she is not eligible to participate on another Varsity or Junior Varsity team for a full year.
4. The Mount participates in the Skyland Conference as a Raritan Division school and in both State Associations as a Parochial A school. Our schedule includes some of the best teams in the area. All of the Varsity teams at the Mount are extremely competitive. It is the responsibility of the coach through the tryout process, to form the most competitive team regardless of previous participation. Each student must try-out every year. Teams are selected on the basis of current performance, not past participation.
5. The selection of team captains is the responsibility of the coach. The coach may choose to select the team captains or allow the team to vote. All team members will be considered regardless of grade level. The criteria includes: leadership abilities, team dedication, a positive attitude and the ability to communicate with the coach and team. Team captains must get along with peers and be available for their captain responsibilities.
6. The Mount will provide transportation to and from athletic contests and off campus practice sites. However, there may be times when this is not possible. Transportation may not be provided for weekend events. Any student who utilizes Mount transportation to an event but is not returning to the Mount on the bus must have a parent/guardian's signature. Parents/guardian must fill out the appropriate form with the coach prior to leaving any off-campus site with the student athlete. The Mount will not provide transportation for any student athlete that does not adhere to this policy. Any student who leaves any athletic contest/practice without following the proper procedure is subject to disciplinary action that may include suspension from the team. Mount Saint Mary Academy is not responsible for students who leave practice/competition with anyone other than those designated by the parent/guardian.
7. Team members must remain in attendance at both Varsity and Junior Varsity games at the discretion of the coach. Coaches must inform prospective team members of their policy prior to the season.
8. Any player that accumulates more than two unexcused absences from practices/games will be dismissed from the team. All Fall Sports will begin on or about August 25th. Every student planning to try out must attend preseason. Practices and games for all sports will be scheduled on days that the school is closed and throughout the vacations. The winter athletic schedule will include activities during the Thanksgiving, Christmas and trimester breaks. Basketball tryouts for all levels will occur over the Thanksgiving break. Spring sports will have games and practices during the Easter and Memorial Day vacations. No athlete who is unable to attend practices or games during school vacations may participate on a Varsity/JV/Freshman team. This policy

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includes all School sponsored events. **Individual coaches are not permitted to grant exemptions from this policy.** A student may be excused for a school sponsored day event at the discretion of the Athletic Director in consultation with the coach. The request for an excused absence must be submitted in writing to the Athletic Director at least two weeks prior to the event.

9. Medical excuses will be verified by the school nurse/Athletic Trainer.
10. During abbreviated scheduled school days, no team member may leave campus unless prior authorization is granted (senior privilege). Notarized permission slips are required.
11. Team members who are unable to participate due to injury or illness are expected to attend practices or games when present in school.
12. Team members may not participate in athletics if they are absent from school. Athletes must be in school by 10:15 A.M. to be eligible to play. Student athletes arriving to school late will be subject to the disciplinary procedures outlined in the student handbook. Detentions will be served on the date assigned regardless of the athletic schedule.
13. Players must be in attendance for $\frac{3}{4}$ of the game schedule or length of the season to be eligible for a Varsity letter. This includes those who are injured or ill.
14. In addition to the penalties stated in the student handbook, any student athlete that possesses or used tobacco, alcohol or any other illegal drug may be suspended from participation in athletics as determined by the Administration and Athletic Director. The student athlete will be required to attend practice and games for the length of the suspension but will not be permitted to participate.
15. Team and individual pictures will be taken throughout the season for the purpose of publicity.
16. All purchases of apparel or any team items must be done through the Athletic Director. No student may collect monies for the purpose of purchasing items. All purchases will be made by the Director of Athletics. The school name may not be placed on any item without authorization.
17. Hazing in any form will not be tolerated and may result in suspension or expulsion from athletics.
18. All athletes are subject to random drug testing for banned substances as outlined in the N.J.S.I.A.A. steroid testing policy.

By signing this form, I understand and am willing to accept the policies stated herein.

Parent (signature) _____ **Date** _____

Student athlete (signature) _____ **Date** _____

Print student name _____

Name of Sport(s) _____

NOTARY SIGNATURE AND SEAL _____ **DATE** _____